

## SAN FRANCESCO MARATHON REGULATIONS

### DISTANCES: 42K – 21K – 10K

### 2026 EDITION

Life Running Assisi Società Sportiva Dilettantistica a Responsabilità Limitata, affiliated with the Italian Athletics Federation (FIDAL) under code PG100, organizes in Assisi (Perugia) the road running athletics event **San Francesco Marathon 2026 – 42K, 21K, 10K**, included in the FIDAL National Calendar.

The race will take place on **Sunday, November 22, 2026**, with the start scheduled at approximately **9:15 a.m.** in Assisi, and will be held **in any weather conditions**.

### ATHLETE PARTICIPATION REQUIREMENTS

In accordance with the *FIDAL Rules for the Organization of Non-Stadium Events*, participation is limited to athletes registered in Italy who meet the following age requirements (by year of birth):

- **42K:** 20 years and older
- **21K:** 18 years and older
- **10K:** 16 years and older

Athletes must meet **one of the following conditions:**

- Athletes registered for the year 2026 with clubs affiliated with FIDAL.
- Italian and foreign athletes holding a **Runcard** (valid as sports insurance and competition permit), or athletes registered with a Sports Promotion Body (Athletics Section) holding a **Runcard-EPS**, limited to individuals aged 20 and over, and in possession of a **valid competitive medical certificate for athletics**, which must be submitted (also digitally) to the organizing body.
- Italian or foreign athletes not registered in Italy but holding membership cards from clubs affiliated with foreign Athletics Federations recognized by **World Athletics**. At registration, athletes must alternatively submit a self-certification confirming possession of such membership. The original signed document must be presented when collecting the race bib.
- **Unregistered foreign athletes:** within the event, participation may also be authorized for foreign citizens not registered with any federation **only in the non-competitive section with touristic/sporting purposes**, limited to individuals aged 20 and over. As clarified by the Italian Ministry of Health (note dated 17/06/2015 related to the Decree of 08/08/2014), foreign citizens are not required to present a medical certificate but must sign a **liability waiver** in favor of the organizers. These participants will be listed in a separate alphabetical order of arrival and will not be eligible for prizes of any kind.

### REGISTRATION FEES

#### 42K RACE

- €50.00 from 15/01/2026 to 31/03/2026

- €62.00 from 01/04/2026 to 31/07/2026
- €70.00 from 01/08/2026 to 30/09/2026
- €80.00 from 01/10/2026 to 15/11/2026
- €95.00 from 16/11/2026 to 21/11/2026

## 21K RACE

- €30.00 from 15/01/2026 to 30/04/2026
- €36.00 from 01/05/2026 to 30/09/2026
- €42.00 from 01/10/2026 to 15/11/2026
- €55.00 from 16/11/2026 to 21/11/2026

## 10K & 10K NON-COMPETITIVE

- €14.00 from 15/01/2026 to 31/05/2026
- €18.00 from 01/06/2026 to 30/09/2026
- €20.00 from 01/10/2026 to 15/11/2026
- €24.00 from 16/11/2026 to 21/11/2026

## REGISTRATION AND PAYMENT

Registrations must be completed exclusively via [www.icron.it](http://www.icron.it).

### IMPORTANT:

If payment is not received within **72 hours** from registration, the platform will automatically cancel the entry.

### NO PRE-REGISTRATION IS AVAILABLE.

Discounted group packages are available upon request by emailing:  
[gruppi@sanfrancescomarathon.it](mailto:gruppi@sanfrancescomarathon.it)

## BIB AND RACE BAG COLLECTION

The race bib is personal and **may not be transferred or exchanged**. It must be worn on the chest, fully visible, attached with four pins, and must not be folded or altered.

The timing chip is attached to the back of the bib and **must not be removed**, under penalty of disqualification.

Bib collection will take place at:

### SFM26 MARATHON EXPO

Address: *to be defined by the organizers*

**Opening times:**

- Friday, November 20: 10:00 a.m. – 7:00 p.m.
- Saturday, November 21: 10:00 a.m. – 7:00 p.m.

Only athletes residing outside the region may collect their bib on race morning until **8:15 a.m.** in the start area.

## EVENT T-SHIRT

Guaranteed to:

- First 800 registered for the 42K
- First 700 registered for the 21K
- First 700 registered for the 10K
- First 300 registered for the 10K NC

## PROGRAM

- **07:00** – Meeting point at Piazza della Porziuncola, Santa Maria degli Angeli
- **09:15** – Race start
- **12:45** – Awards ceremony

## START PROCEDURES

Start procedures will be defined a few days before the event, in accordance with the latest federal protocols.

## STARTING GRIDS

Any starting grids will be announced on the official website **10 days before the event**.

## TIME LIMIT

The course will remain open to traffic for a maximum of **6 hours and 30 minutes**. Athletes finishing after this limit will be considered **out of race**.

## VEHICLES ON COURSE

Due to a Prefectural Ordinance, **all vehicles, including bicycles**, are prohibited on the course. Violators will be stopped and sanctioned according to the law.

## TIMING AND RESULTS

Timing and results will be managed by **ICRON** and validated by the Technical Delegate / Appeals Judge.

Results will be available at [www.icron.it](http://www.icron.it) and [www.sanfrancescomarathon.it](http://www.sanfrancescomarathon.it).

## **BAG DROP**

Athletes will receive a sticker with their bib number to apply to their race bag. Official event bags only will be accepted. No trolleys or large suitcases are allowed.

Bag drop: **7:00 a.m. – 8:30 a.m. (start/finish area).**

The organization is not responsible for personal items left in bags.

## **REFRESHMENT STATIONS**

In compliance with **World Athletics / FIDAL regulations**, refreshment stations will be available every 5 km and at the finish line, providing water, sports drinks, and solid food.

## **TOILETS**

Public and portable toilets will be available at the start and finish areas.

## **PACE MAKERS**

Official pace makers will be provided free of charge for the 21K and 42K races.

## **MEDICAL ASSISTANCE & MASSAGE SERVICE**

Medical assistance will be present along the course and at start/finish areas, with ambulances and medical staff. A post-race massage service will be available.

## **AWARDS & PRIZE MONEY**

The total prize pool for the 42K, 21K, and 10K amounts to **€4,502.00**, distributed according to FIDAL regulations.

*(Full prize breakdown preserved as per original Italian regulation.)*

Prize money will be paid by bank transfer within **60 days**, subject to anti-doping controls.

## **WITHDRAWN ATHLETES**

Aid stations will serve as meeting points. Athletes will be transported to the finish area to retrieve their race bags.

## **EVENT CANCELLATION**

In case of cancellation due to force majeure (including pandemics or natural events), **no refunds** will be issued. The organization may evaluate discounted entry for the 2027 edition.

## **COMPLAINTS**

Complaints must be submitted in accordance with FIDAL and R.T.I. regulations.

## **IMAGE RIGHTS**

By registering, athletes authorize the free use of their image for promotional and commercial purposes, without time or territorial limits.

## **LIABILITY DECLARATION**

By registering, the athlete declares acceptance of these regulations and releases the organizers from any civil or criminal liability.

## **PRIVACY**

Personal data will be processed in accordance with GDPR (Articles 12–22). Full details are available from the organizing bodies.

## **FRAUDULENT PARTICIPATION**

Participation without a valid bib or with counterfeit bibs will result in sporting and criminal sanctions under Italian law.

## **FINAL NOTES**

The Organizing Committee reserves the right to modify these regulations with FIDAL approval. Any updates will be published on [www.sanfrancescomarathon.it](http://www.sanfrancescomarathon.it).

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## **CONTACTS**

Website: [www.sanfrancescomarathon.it](http://www.sanfrancescomarathon.it)

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**This regulation is provisional.**