

SAN FRANCESCO MARATHON 2023 – ASSISI REGULATIONS ASSISI, NOVEMBER 5, 2023

REGULATIONS AND INFORMATION

Life Running Assisi SD - FIDAL PG100 code - in collaboration with and under the patronage of the Diocese of Assisi - Gualdo Tadino - Nocera Umbra and the city of Assisi, organizes the road running athletics event, San Francesco Marathon 2023, in Assisi, included in the FIDAL National Calendar.

PRE-RACE SCHEDULE

The event will take place on November 5, 2023.

Meeting point at the Assisi Town Square: 7:30 AM

Start time: 9:15 AM

Shuttle service: 6:30 AM - 7:45 AM (we recommend parking in Assisi and using the shuttles to return after the race).

COURSE CHARACTERISTICS

The competition will be held over the following distances:

Men and Women: certified 42.195 km (26.2 miles) and 10 km (6.34 miles) by FIDAL.

PARTICIPATION CRITERIA

The following individuals are eligible to participate:

- Italian and foreign athletes registered for the year 2023 with clubs affiliated to FIDAL (Italian Athletics Federation) and belonging to the categories of Promises, Seniors (including Master age groups).
- Foreign athletes registered with Foreign Federations affiliated with World Athletics, provided they present proof of membership at the time of registration.
- Italian/foreign athletes not registered in Italy, but in possession of a club membership card affiliated with Foreign Athletics Federations recognized by World Athletics. At the time of registration, they must alternatively provide a self-certification of possession of the membership card recognized by World Athletics.
- Foreign athletes from non-EU countries, in addition to the authorization from their respective Federation or self-certification of membership, must present a residence permit or entry visa.

Note: Athletes registered with a Foreign Federation affiliated with World Athletics who are not registered by their own Federation or Club must sign a self-certification attesting to their membership.

Italian and foreign athletes registered with Sports Promotion Bodies (in the discipline of athletics) affiliated with FIDAL for the 2022 season, who possess a RUNCARD

EPS, are also eligible to participate. Italian and foreign citizens from 20 years old and above (born in 2003 or earlier) can participate, provided they possess a valid RUNCARD EPS and a valid medical certificate for competitive athletics on the day of the event.

· RUNCARD holders, both Italian and foreign residents in Italy, are eligible to participate. Italian and foreign citizens residing in Italy, aged 20 and above (born in 2002 or earlier), who possess a RUNCARD Standard issued by FIDAL (info@runcard.com) and a valid medical certificate for competitive athletics, are eligible to participate. Both documents must be valid on the day of the event.

RUNCARD holders, both Italian and foreign residents abroad, are also eligible to participate. Italian and foreign citizens residing abroad, aged 20 and above (born in 2002 or earlier), who are not registered with a foreign athletics club affiliated with World Athletics or an Italian club affiliated with FIDAL or a Sports Promotion Body, are eligible to participate. They must possess a RUNCARD Standard issued by FIDAL (info@runcard.com) and a valid medical certificate for competitive athletics, both documents must be valid on the day of the event.

Note: The RUNCARD Standard or EPS card is renewable and has an expiration date. If, during the card check on the day of the event, it is found to be expired, the athlete cannot participate unless they provide a receipt of the online renewal.

Note: All participants with a RUNCARD Standard or EPS will be included in the official race rankings, but they will not be eligible for refunds, bonuses, or access to prize money.

IMPORTANT: Participation is subject to the presentation of a valid medical certificate for competitive athletics in Italy. Participants may present a medical certificate issued in their country of origin, as long as it complies with the diagnostic tests required by Italian regulations for engaging in competitive activities. The original medical certificate must be presented at registration and must be completed, signed, and stamped by the certifying physician.

Any medical certificate models that deviate from the ones indicated above will not be accepted.

- Medical certificate for competitive sport activity
- Certificat medical activités sportives compétitives

Foreign athletes who are not registered may also be authorized to participate in the non-competitive section of the event for tourist/sporting purposes, limited to individuals aged 20 and above (born in 2002 or earlier). As stated in the explanatory note from

the Ministry of Health on June 17, 2015, regarding the Decree of the Ministry of Health on August 8, 2014, foreign citizens are not required to provide a medical certificate but must sign a disclaimer (download and complete the disclaimer) with the organizers. These participants will be listed alphabetically upon arrival, separate from the competitive event rankings, and will not be eligible for any physical prizes, monetary rewards, vouchers, bonuses, fees, or reimbursements of any kind.

REGISTRATION PROCEDURE

Online registration is available at the following links:

42.195 km: <https://www.icron.it/newgo/#/evento/20232591>

10 km: <https://www.icron.it/newgo/#/evento/20232592>

Come with me: <https://www.icron.it/newgo/#/evento/20232593>

Foreign Athletes: <https://www.icron.it/newgo/#/evento/20232650>

REGISTRATION FEES

42.195 km:

- Until March 15th: 40 euros
- March 16th - June 30th: 45 euros
- July 1st - September 30th: 50 euros
- October 1st - October 28th: 60 euros

10 km:

- Until June 30th: 10 euros
- July 1st - October 28th: 15 euros

Come with me:

- Until October 28th: 6 euros

RACE BIB AND RACE BAG COLLECTION

The race bib is personal and cannot be transferred or exchanged. It must be attached to the chest using four safety pins in a way that it is fully visible. The bib cannot be folded and must remain intact. The timing chip will be placed on the back of the bib and must not be removed under any circumstances, as doing so will result in exclusion from the rankings. To collect the race bib and race bag, each athlete must present the confirmation letter received via email and a valid identification document. Race bibs and race bags can be collected at the Marathon Village at **Hotel TH Casa Leonori, via Giosuè Borsi 11** [on Friday, November 3, and Saturday, November 4, from 9:00 AM to 7:00 PM].

TIMING AND RANKINGS

The rankings will be available on the website www.sanfrancescomarathon.it.

PRIZE MONEY

42.195 km - Male and Female Overall:

1st Place: 500 euros
2nd Place: 350 euros
3rd Place: 300 euros
4th Place: 250 euros
5th Place: 200 euros

42.195 km - Prize money reserved for Italian athletes (male and female):

1st Place: 125 euros
2nd Place: 87.5 euros
3rd Place: 75 euros
4th Place: 62.5 euros
5th Place: 50 euros

10 km - Male and Female Overall:

1st Place: 350 euros
2nd Place: 250 euros
3rd Place: 150 euros
4th Place: 80 euros
5th Place: 40 euros

10 km - Prize money reserved for Italian athletes (male and female):

1st Place: 87,5 euros
2nd Place: 62.5 euros
3rd Place: 73.5 euros
4th Place: 20 euros
5th Place: 10 euros

The first 5 teams with the highest number of participants in both the 10 km and 42.195 km races will also be awarded.

****PLEASE NOTE:** According to Article 38 of the Fidal Regulation, paragraphs 4, 5, 6:

"In road races on the National Calendar (Gold, Silver, or Bronze), 25% of the prize money actually awarded to the top finishers is reserved for Italian athletes and 'equivalent Italians' and can be combined with prizes awarded for finishing positions. Prizes for Italians may be reduced or eliminated according to the following time parameters:

Men's Marathon: the 25% prize pool may not be awarded for performances faster than 2h30'00.

Women's Marathon: the 25% prize pool may not be awarded for performances faster than 2h55'00.

Men's Half Marathon: the 25% prize pool may not be awarded for performances faster than 1h11'00.

Women's Half Marathon: the 25% prize pool may not be awarded for performances faster than 1h23'00.

Any time or performance-related bonuses of any other kind are additional to the prize money. Payment of the prizes provided for in paragraph 4) is to be understood in cash."

Furthermore, prizes in the Overall classification are reserved for all athletes affiliated with FIDAL or foreign federations affiliated with World Athletics.

Prizes in the Italian Athletes classification, which can be combined with prizes in the Overall classification, are reserved for Italian citizens affiliated with FIDAL. No cash prizes (or equivalent items: generic vouchers, bonuses, fees, refunds of any kind and for any reason) can be provided for holders of the 'Runcard' and for EPS members admitted to participate in FIDAL events.

The top three overall finishers are excluded from the category rankings.

Prize money and any bonuses will be paid (subject to anti-doping outcomes) by bank transfer by November 30, 2023, and subject to Law No. 342/2000.

Athletes are kindly requested to send a photocopy of an identity document, tax code, and IBAN code for the issuance of the bank transfer to the email address sfm2023@icron.it."

The top three overall winners are excluded from the age category rankings. Prize money and any bonuses will be paid by bank transfer (subject to anti-doping results) by November 30, 2023, in accordance with Law No. 342/2000. Athletes are requested to send a photocopy of their identification document, tax code, and IBAN to sfm2023@icron.it for payment processing.

CATEGORY AWARDS

Note: Awards not collected on the day of the race will not be shipped and will be entirely donated to charity. The awards for each category consist of various prizes and must be collected on the race day.

Categories:

- Promesse (Promises) - 20-22 years old (2003-2001)
- Seniores - 23-34 years old (2000-1989)
- Seniores35 - 35-39 years old (1988-1984)
- Seniores40 - 40-44 years old (1983-1979)
- Seniores45 - 45-49 years old (1978-1974)
- Seniores50 - 50-54 years old (1973-1969)
- Seniores55 - 55-59 years old (1968-1964)
- Seniores60 - 60-64 years old (1963-1959)
- Seniores65 - 65-69 years old (1958-1954)
- Seniores70 - 70-74 years old (1953-1949)
- Seniores75 - 75-79 years old (1948-1944)

STARTING GRIDS

The possible presence of starting grids will be communicated on the official website ten days before the event.

BAGGAGE DEPOSIT

Each participant will receive a sticker with their bib number to be applied to the personal belongings bag. In the starting area, structures will be set up where participants, according to their bib number, can deposit their clothing bags. These bags must be collected in the finishing area by presenting the bib number. Only official event bags will be accepted, and large personal bags such as trolleys or suitcases will

not be allowed. Bag deposit time in the starting area: from 7:00 am to 8:30 am. The organization is not responsible for items left inside the bags.

REFRESHMENT STATIONS

According to the World Athletics/FIDAL regulations, refreshment stations will be available at the start, finish, and every 5 km along the entire route. All refreshment stations will provide water, sports drinks, and solid food (cookies, fruit, etc.).

TOILETS

Portable toilets will be available at the starting area, finishing area, and near the refreshment stations along the route.

RACE ASSISTANTS

The organization will provide several groups of race assistants ("pacemakers") free of charge for participants who wish to follow a constant pace during the marathon. The pacemakers will be clearly identifiable and will run the marathon at the following target times: 3h15, 3h30, 3h45, 4h00, 4h15, 4h30, 4h45, 5h00, 5h30, and 6h30 (the end of the race).

MAXIMUM TIME

The course will be closed to traffic for a maximum of 6 hours and 30 minutes. Athletes who complete the course after 6 hours and 30 minutes will be considered out of the race.

VEHICLES ON THE COURSE

Due to the Prefectural order, all vehicles, including bicycles, will be prohibited from accessing the race course. Transgressors will be stopped and punished according to the law.

MEDICAL ASSISTANCE - MASSAGE SERVICE

Medical personnel and ambulances will be present at the starting and finishing areas, as well as along the course. There will also be a massage service provided by specialized physiotherapists.

WITHDRAWN ATHLETES

For athletes who need to withdraw from the race, all refreshment stations will serve as meeting points. From there, they will be escorted to the finishing area located in Piazza della Porziuncola, Santa Maria degli Angeli (Assisi), where they can retrieve their personal bags.

FAILURE TO HOLD THE EVENT

In the event of race cancellation due to force majeure, not dependent on and/or not attributable to the will of the organization, including pandemic and natural events, including the revocation of authorization to hold the event by the competent Public Authorities, and/or in the event of interruption or suspension of the race, no refund will be given to participants regarding the registration fee. The organization reserves the right to verify the possibility of discounted registration for the next edition.

LIABILITY DISCLAIMER

By signing the registration form, the participant declares to have read and accepted the regulations published on the website www.sanfrancescomarathon.it and to be at least 20 years old on the date of 5th November 2023. Furthermore, the participant expressly declares, under their own responsibility, not only to have told the truth but also to exempt the organizers from any civil and criminal liability for damages and/or injuries caused by them.

****PRIVACY****

1. The personal data collected will be processed in compliance with the principles of fairness, lawfulness, transparency, and protection of your privacy and rights. The processing may be carried out in paper format and by automated archiving in the LIFE RUNNING ASSISI ASD computer system.
2. Providing personal data is mandatory to access the services provided by LIFE RUNNING ASSISI ASD.
3. If the athlete has given consent on the registration form, they may receive promotional information from both the association and its partners.
4. If the athlete has given explicit consent on the registration form, images depicting them during amateur sports activities may be published through communication tools deemed functional by the association.
5. The acquired information will be processed in compliance with privacy regulations and will not be disclosed to third parties who are not authorized or responsible for data processing, affiliated sports organizations, and the Italian National Olympic Committee (CONI), except as specified in point 3 and subject to requests from the Judicial Authority, the Financial Police, or other authorized public entities.
6. The law (Articles 12-22 of the GDPR) grants you a series of rights, including, by way of example, the right to obtain the updating, rectification or integration of data, their anonymization or blocking in case of violation of the law, and the right to object to the processing of data for commercial or promotional information purposes, the sending of advertising material, or the conduct of market research, as well as the right to lodge a complaint with the Privacy Guarantor. For any communication, you can write via email to comunicazione@sanfrancescomarathon.it or by registered mail to LIFE RUNNING ASSISI ASD, Via del Vescovado n.3, 06081 – Assisi.

COMPLAINTS

Any complaints must be submitted in compliance with FIDAL and RTI regulations.



appropriately communicated to registered athletes or published on the website www.sanfrancescomarathon.it.

INFORMATION AND CONTACTS

Life Running Assisi ASD

Via del Vescovado n. 3

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